

# ABC of the Triple Cities

## OSHA 30-HOUR CONSTRUCTION SAFETY TRAINING

*This is an OSHA 30-hour safety training course. Completion cards will be issued to all participants who complete the thirty hours. This course also satisfies the newly established law requiring all workers on prevailing rate jobs over \$250,000.00 to have at least an OSHA 10-hour card. The program is tailored to first-line supervisors, foreman, and workers responsible for and involved in construction field operations. Participants will receive in-depth instruction in understanding, interpreting, and knowing OSHA Construction Standards.*

**Date:** January 8, 9, 10, & 11 8:00 AM to 5:00 PM

**Cost:** Instruction is free of charge, made possible by a grant from The NYS DOL Occupational Safety & Health Training & Education Program . However there is a \$79.00 per person fee. The fee includes lunch daily, drinks and a OSHA card fee.

**Location:** ABC Training Room  
15 Belden Street  
Binghamton, NY  
For info call: (607) 771-7000

Company Name: \_\_\_\_\_

Participants:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Total Amount:\$\_\_\_\_\_ For:\_\_\_\_\_ Reservations

Make checks payable to ABC, call for details!

Reservations can be faxed to (607) 771-7001