

# ABC of the Triple Cities

## OSHA 10 HOUR MANDATED SAFETY TRAINING

*This is a 10 hour safety training course that satisfies the newly established law requiring all workers on prevailing rate jobs over \$250,000.00 to have this class as mandated minimum training. The new law took effect July 18, 2008. It will provide the 10 hours of required training which includes an introduction to OSHA's health and safety standards for the construction industry. The program is tailored to first line supervisors, foreman and workers responsible for and involved in construction field operations. Participants will be instructed on the basics of understanding, interpreting and knowing how to use OSHA Construction Standards.*

**Date:** **Thursday, July 25th**                      **11:30 AM to 5:00 PM**  
**and**  
**Friday, July 26th**                                      **8:00 AM to 1:30 PM**

**Cost:**            Instruction is free of charge, made possible by a grant from The NYS DOL Occupational Safety & Health Training & Education Program . However, there is a \$15.00 per person fee for snacks, beverages, and OSHA's card fee.

**Location: ABC Training Room**  
15 Belden Street  
Binghamton, NY

Name: \_\_\_\_\_

Participants: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Total Amount:\$ \_\_\_\_\_ For: \_\_\_\_\_ Reservations  
Make checks payable to: the ABC of the Triple Cities  
Reservations can be faxed to (607) 771-7001